



# Asopalav





## Synonyms

- Hindi: अशोक, सीता अशोक
- Gujarati: અશોક, આસોપાલવ
- English: Sorrowless tree, Handkerchief tree

## Botanical name

- Monoon Longifolium

## Family

- Caesalpiniaceae

## Chemical constituents

- Tannins, catechol, gallic acid.
- Flavonoids (quercetin, kaempferol).
- Glycosides (saponins).
- Steroids, lignin, calcium salts, iron

## Therapeutic uses

- Uterine tonic, useful in gynecological disorders.
- Astringent and antioxidant.
- Anti-inflammatory, antibacterial, antihelminthic

# **Marketed preparations**

- Ashokarishta (popular uterine tonic)
- Syrups and tonics for menstrual disorders
- Herbal capsules/tablets (gynecological care)
- Cosmetic formulations (skin health)