



SENNA



Synonyms

- Hindi: सेन्ना, सनाय, सेना
- Gujarati: સેના પતા
- English: Senna, Indian Senna, Alexandrian Senna

Botanical Name

- *Cassia acutifolia* Delile.

Family

- Caesalpiniaceae (Leguminosae/Fabaceae).

Chemical constituents

- Anthraquinone glycosides (sennosides A, B, C, D).
- Aloin, rhein, emodin.
- Flavonoids, mucilage, resins.

Therapeutic uses

- Potent stimulant laxative (used in constipation).

- Bowel cleanser before surgery or diagnostic procedures.
- Used in herbal slimming formulations.
- Helps in expelling worms (mild anthelmintic).

Marketed preparations

- Senokot (tablets).
- Purinorm syrup.
- Kayam churna (with senna as main laxative ingredient).
- Various herbal teas for constipation relief.