



**SIGMA**<sup>®</sup>  
**UNIVERSITY**

# Mehndi





## Synonym

- Gujarati: મેહંદી (Mendi)
- Hindi: मेहंदी(Mehndi), हेना (Hena), हिना(Hina), मिंधी (Mhindi)
- English: Henna, Camphire, mindie, Cypress shrub

## Botanical name

- *Lawsonia inermis* L.

# Family

- Lythraceae

## Chemical Constituents

- Flavonoids: Such as quercetin, catechin and kaempferol, which have antioxidant properties
- Phenolic compounds: Includes gallic acid
- chlorogenic acid, caffeic acid, and ellagic acid
- Carbohydrates: Such as beta-Dglucopyranoside, methyl
- Steroids, saponins, alkaloids, fat, resin, tannins

## Therapeutic Uses

- Skin disorders such as ulcers, scabies, boils, leukoderma, and other stubborn skin diseases
- Headaches and hemicrania Bronchitis and respiratory issues
- Jaundice and liver disorders Hair loss and to promote hair growth
- Wound healing and prevention of skin inflammation

# Marketed Preparations

- Godrej Nupur Henna: Trusted brand for natural henna powder used for hair and body art, free from chemicals
- Hennahub Henna: Known for high-quality organic henna powder suitable for hair and skin
- Sampurna Products: Offers organic henna powder used for mehndi❖.