



Buddhi (Thuja)





Synonym

- Gujarati: મોરપંખી (Thuja), મોરપંખી (Morpankhi).
- Hindi: મોરપંખી (Morpankhi), થૂજા (Thuja).
- English: Arborvitae, Northern white cedar (for *Thuja occidentalis*).

Botanical name

- *Platycladus orientalis*

Family

- Cupressaceae

Chemical Constituents

- Essential oils rich in α -thujone and β -thujone.
- Coumarins, flavonoids, tannins, and proanthocyanidins.
- D-limonene, quercetin, amentoflavone, rutin, β -myricetin, β -phellandrene.

Therapeutic Uses

- Used traditionally for liver diseases, bronchitis, psoriasis, enuresis, amenorrhea, cystitis, uterine carcinomas, diarrhea, and rheumatism.
- Antioxidant, anti-inflammatory, antibacterial, antifungal, antiviral and anticancer effects.
- Protective activity on the gastrointestinal tract.
- Radioprotective and antipyretic. ☐ Regulates lipid metabolism.

Marketed Preparations

- Homeopathic mother tincture .
- Essential oils in aromatherapy and herbal products.
- Herbal extracts in capsules and topical ointments.
- Used in cosmetics, hair and skincare products.