



SIGMA[®]
UNIVERSITY

HADJOD





Synonyms:-

- Hindi: Hadjod, Hadjora, Hadsarihari, Harsan kari, Kandvel
- Gujarati: Hadsankal, Hadsand, Chodhari, Vedhari
- English: Edible stemmed vine, Adamant creeper, Bone setter Veldt grape, Devil's backbone

BotanicalName:-

- *Cissusquadrangularis*Linn.

Family:

- Vitaceae (Grapefamily)

Chemical Constituents(C.C):-

- Rich in carotenoids, triterpenoids (onocerin derivatives), sitosterol, calcium ions, ascorbic acid (Vitamin C), anabolic steroidal substances
- Contains compounds with potential medicinal properties including gastro protective, cardioprotective and bone healing agents

Uses:-

- Traditionally used in Ayurveda as Asthisamharaka (bone healing), digestive aid, anti-inflammatory, analgesic-Promote healing of fractures and strengthen bones and joints
- Used for gastrointestinal disorders, asthma, irregular menstruation, ear and eye diseases
- Also used as a general tonic and in treatment of dyspepsia, indigestion and certain bowel complaints.

Market Presentation:-

- Typically available in the form of dried stem Powder of stems or whole plant, capsules, and extracts
- Used both internally (powder mixed with milk) and externally (application on fractures) Young shoots are used as vegetable in some regions